



SUMMER PROGRAMS 2023

All Programs are free and open to the public. All programs meet at the Visitor Center unless otherwise noted. An adult must accompany children. Reasonable accommodations available upon request. Parking fees may apply depending on program location. For more information please call (781) 233-0834 or email Jessica Narog-Hutton at jessica.narog-hutton@mass.gov.

Open Daily
9:00a.m.-3:00p.m.

CHRISTOPHER P. DUNNE VISITOR CENTER
177 Forest Street, Saugus
Modelled after a hunting lodge which once stood inside the park, stop in to find historic photos, artifacts, and animals! Open rain or shine!

- Sundays**

EASY LIKE A SUNDAY MORNING HIKE
10:00am-12:00pm
Join the Park Interpreter for this weekly guided hike! Each trip will highlight natural and historic features that make Breakheart unique. Hikes will be moderately paced; approximately 2 miles over sometimes uneven and rocky terrain. Best for ages 8 years and up. Heavy rain cancels.
- Wednesdays**

STEP INTO THE PAST, 10:00am-12:00pm
Join our park interpreter on a guided hike to discover the site's history. Topics and routes vary throughout the season. Hikes are approximately 2.5 miles, moderate difficulty, along rocky trails, with several stops. Best for adults and older children with a keen interest in history. Meet outside the Visitor Center. Rain cancels.
- Thursdays**

BREAKHEART BIRDING CLUB, 10:00am-11:00am
Discover some local feathered inhabitants of Breakheart Reservation. Learn birdwatching basics, how to use binoculars, guide books, and bird identification. Identify and record bird sightings. Bring water, insect repellent. Binoculars encouraged but not necessary. First time birders welcome! Best for adults and older children.
- Fridays**

KIDLEIDOSCOPE 10:30am-11:30am
Come join our park interpreter for a story time and nature walk! Complete a small craft and explore the woods! Walks are gently paced and approximately 1 mile, though not accessible for strollers. For ages 3-6, accompanied by an adult. Activities are indoors and outdoors, weather permitting. Siblings and friends welcome.

PROGRAMS CONTINUE ON NEXT PAGE

coming events



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PROGRAMS CONTINUED

Saturdays

FAMILY FISHING, 10:00-11:30am
Pearce Lake Beach

Join our park interpreter for a drop-in fishing program! Learn how to fish, what fish live in our ponds, and how to catch and release responsibly. Bait and a handful of rods will be provided but feel free to bring your own gear and fish with us and share your tips! No license required if fishing in this program. Appropriate for families with children 5 years old and up. Meet at the left side of Pearce Lake Beach. Rain cancels.

Sunday
July 2

FULL MOON HIKE, 8:00 pm-10:00 pm
Visitor Center, 177 Forest Street, Saugus

Join us for a moon rise hike while we talk about the importance of the full moon, moon cycles and phases. There will be camp fire fun and activities. This program for adults and families with children 8 years old and up. Bring a flash-light and dress appropriately! Registration is required, please email jessica.narog-hutton@mass.gov for more information. *Meet outside the Visitor Center. Rain cancels.*

and

Wednesday
August 2



coming events